



Fife Women in Business

Find Your Paddle!

**Laurel Bank Hotel, 1 Balbirnie Street, Markinch KY7 6DD
Monday 15th March 2010 at 7.00 for 7.30pm**

Alison Smith is a speaker, facilitator, coach and consultant and will be using the 'Frameworks For Change' coaching process to explore how to handle that difficult situation!

Please bring your promotional literature to this meeting and lay it out on the tables for everyone.

Members - To book a 5 minute slot to promote your business, contact President Fiona Hunter.

Please tick your choices from the following menu options:

- Breast of Barbary Duck with cherry jus
- Fillet of Seabass on dijon mustard mash and ratatouille
- Warm Chicken and Bacon Salad topped with a poached egg
- Brie and Redcurrant Tart with green salad leaves and balsamico dressing

- Sticky Toffee Pudding and ice cream
- Warm Cinnamon Waffle and Maple Syrup with caramel ice cream
- Strawberry and White Chocolate Tart

**Including a glass of wine during networking and tea or coffee to follow the meal
Cost £16.50**

Member: _____ Member Company: _____

Guest: _____ Guest Company: _____

Guest Tel: _____ Guest Email address: _____

If you have more than one guest please attach details to booking form or write on the back

Total Amount Enclosed: _____ x £16.50 = £ _____

*Please ensure that payment is made prior to the event. If you require a receipt please photocopy this booking form for your own records or request a receipt from our Treasurer Make your cheque payable to Fife Women in Business.
Cancellation after 12th March will not be reimbursed.*

Please return booking form by Friday 12th March 2010 at the latest to:

Valerie Cuell
FWB Treasurer
22, Chandlers Walk
Dalgety Bay
Fife KY11 9FE

admin@fifewomeninbusiness.com

Next Meeting:
Monday 19th April 2010
FWB Annual Awards Dinner
Gilvenbank Hotel, Glenrothes KY7 6DD
7.00pm for 7.30pm
Female friends and colleagues welcome

FWB Booking Form